

BELGO ALLERGENS AUTUMN WINTER 2019

Version: 1 Valid from 20-11-19

Please inform your server before ordering, of any specific dietary requirements that you may have. All our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

NIBBLES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Kikos	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Giraffa Olives	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Cheesy Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
Selection of Breads	yes - Wheat, Rye	no	may	no	may	may	yes	may	no	no	may	no	no	no
STARTERS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Calamari	yes - Wheat	may	yes	may	no	yes	may	no	yes	yes	yes	no	no	yes
Cheese Croquettes	yes - Wheat, Barley	no	no	no	no	no	yes	no	no	yes	no	yes	no	no
Duck Croquettes	yes - Wheat	no	no	no	no	no	yes	no	no	yes	no	yes	no	no
Lobster Bisque	yes - Wheat	yes	yes	yes	no	yes	yes	no	yes	yes	may	yes	no	no
Mushroom Vol-au-Vent	yes - Wheat	no	may	no	no	no	yes	no	no	no	no	no	no	no
King Prawns	no	yes	no	no	no	no	no	no	no	no	no	no	no	no
Mini Marinere Mussels	yes - Wheat	no	no	no	no	no	yes	no	yes	no	may	yes	no	yes
Gluten-Free Mini Marinere Mussels	no	no	yes	no	no	no	yes	no	yes	no	no	yes	no	yes
Gluten-Free Mini Provencal Mussels	no	no	yes	no	no	no	no	no	no	no	no	no	no	yes
Mini Provencal Mussels	yes - Wheat	no	no	no	no	no	no	no	no	no	may	no	no	yes
Mini Thai Mussels	yes - Wheat	no	no	yes	no	no	no	no	no	no	may	no	no	yes
Gluten-Free Mini Thai Mussels	no	no	yes	yes	no	no	no	no	no	no	no	no	no	yes
Chicken Wings with BBQ Sauce	yes - deep fat fryer	no	no	no	no	no	no	no	no	yes	no	no	no	no
Chicken Wings with Hot Sauce	yes - Barley	no	no	yes	no	yes	no	no	no	yes	yes	yes	no	no
Chicken Wings with Peri-Peri Sauce	yes - deep fat fryer	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Oumph Salad	yes - Wheat	no	no	no	may	yes	no	yes - Almonds	no	yes	may	may	no	no
Whitebait	yes - Wheat	no	yes	yes	no	no	no	may	no	yes	no	no	no	no
SHARER	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Platter for 2-3	yes - Wheat, Barley	no	yes	no	no	yes	yes	no	no	yes	yes	yes	no	no

ROTISSERIE CHICKEN & RIBS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Chicken with BBQ Sauce & Frites	yes - Barley	no	yes	no	no	no	no	no	no	yes	no	yes	no	no
Chicken with BBQ Sauce & Salad	yes - Barley	no	no	no	no	no	no	no	no	yes	no	yes	no	no
Chicken with BBQ Sauce & Stoemp Mash	yes - Barley	no	no	no	no	no	yes	no	yes	yes	no	yes	no	no
Chicken with BBQ Sauce & Sweet Potato Fries	yes - Barley	no	yes	no	no	no	no	no	no	yes	no	yes	no	no
Chicken with Beer Gravy & Stoemp Mash	yes - Barley	no	may	no	no	may	yes	no	yes	may	no	may	no	no
Chicken with Beer Gravy & Frites	yes - Barley	no	yes	no	no	may	may	no	may	yes	no	may	no	no
Chicken with Beer Gravy & Sweet Potato Fries	yes - Barley	no	yes	no	no	may	may	no	may	yes	no	may	no	no
Chicken with Beer Gravy & Salad	yes - Barley	no	may	no	no	may	may	no	may	may	no	may	no	no
Chicken with Hot Belgo Sauce & Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	yes	no	no	no
Chicken with Hot Belgo Sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	yes	no	no	no
Chicken with Hot Belgo Sauce & Salad	no	no	no	no	no	no	no	no	no	no	yes	no	no	no
Chicken with Hot Belgo Sauce & Stoemp Mash	no	no	no	no	no	no	yes	no	yes	no	yes	no	no	no
Chicken with Mushroom & Tarragon Sauce with Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
Chicken with Mushroom & Tarragon Sauce with Salad	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Chicken with Mushroom & Tarragon Sauce with Sweet Potat	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
Chicken with Mushroom & Tarragon Sauce with Stoemp Mas	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Chicken with Peri-Peri Sauce & Salad	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Chicken with Peri-Peri Sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
Chicken with Peri-Peri Sauce & Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
Chicken with Peri-Peri Sauce & Stoemp Mash	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Keep-it-Simple Chicken with Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Keep-it-Simple Chicken with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Keep-it-Simple Chicken with Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Keep-it-Simple Chicken with Stoemp Mash	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Ribs & Chicken Combo with Stoemp Mash	yes - Wheat	may	yes	may	no	no	yes	no	yes	yes	yes	no	no	may
Ribs & Chicken Combo with Frites	yes - Wheat	may	yes	may	no	no	yes	no	yes	yes	yes	no	no	may
Ribs & Chicken Combo with Salad	yes - Wheat	may	yes	may	no	no	yes	no	yes	yes	yes	no	no	may
Ribs & Chicken Combo with Sweet Potato Fries	yes - Wheat	may	yes	may	no	no	yes	no	yes	yes	yes	no	no	may
Rack of Ribs with BBQ Sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with BBQ Sauce & Stoemp Mash	no	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no
Rack of Ribs with BBQ Sauce & Salad	no	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with BBQ Sauce & Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with Beer Gravy & Sweet Potato Frites	yes - Barley	no	yes	no	no	may	may	no	yes	yes	yes	may	no	no
Rack of Ribs with Beer Gravy & Frites	yes - Barley	no	yes	no	no	may	may	no	yes	yes	yes	may	no	no
Rack of Ribs with Beer Gravy & Stoemp Mash	yes - Barley	no	yes	no	no	may	yes	no	yes	yes	yes	may	no	no
Rack of Ribs with Beer Gravy & Salad	yes - Barley	no	yes	no	no	may	may	no	yes	yes	yes	may	no	no
Rack of Ribs with Belgo Hot Sauce & Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with Belgo Hot Sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with Belgo Hot Sauce & Stoemp Mash	no	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no
Rack of Ribs with Belgo Hot Sauce & Salad	no	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Rack of Ribs with Peri Peri Sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no
Rack of Ribs with Peri Peri Sauce & Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no
Rack of Ribs with Peri Peri Sauce & Stoemp Mash	no	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no
Rack of Ribs with Peri Peri Sauce & Salad	no	no	yes	no	no	no	yes	no	yes	yes	yes	no	no	no

MOULES & FRITES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Bacon & Beer Mussels Pot with Frites	yes - Barley	no	yes	no	no	no	yes	no	no	yes	no	yes	no	yes
Bacon & Beer Mussels Pot with Salad	yes - Barley	no	no	no	no	no	yes	no	no	no	no	yes	no	yes
Bacon & Beer Mussels Pot with Sweet Potato Fries	yes - Barley	no	yes	no	no	no	yes	no	no	yes	no	yes	no	yes
Bacon & Beer Mussels Pot with Bread	yes - Wheat, Barley	no	no	no	no	no	yes	no	no	no	may	yes	no	yes
Chorizo Mussels Pot with Bread	yes - Wheat	no	no	no	no	yes	yes	no	no	no	may	yes	no	yes
Chorizo Mussels Pot with Frites	yes - deep fat fryer	no	yes	no	no	yes	yes	no	no	yes	no	yes	no	yes
Gluten-Free Chorizo Mussels Pot	no	no	yes	no	no	yes	yes	no	no	no	no	yes	no	yes
Chorizo Mussels Pot with Salad	no	no	no	no	no	yes	yes	no	no	no	no	yes	no	yes
Chorizo Mussels Pot with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	yes	yes	no	no	yes	no	yes	no	yes
Gluten-Free Mariniere Mussels Pot	no	no	yes	no	no	no	yes	no	yes	no	no	yes	no	yes
Mariniere Mussels Pot with Bread	yes - Wheat	no	no	no	no	no	yes	no	yes	no	may	yes	no	yes
Mariniere Mussels Pot with Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	yes	no	yes
Mariniere Mussels Pot with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	yes	no	yes
Mariniere Mussels Pot with Salad	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	yes
Provençal Mussels Pot with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	yes
Provençal Mussels Pot with Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	yes
Provençal Mussels Pot with Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	yes
Provençal Mussels Pot with Bread	yes - Wheat	no	no	no	no	no	no	no	no	no	may	no	no	yes
Gluten-Free Provençal Mussels Pot	no	no	yes	no	no	no	no	no	no	no	no	no	no	yes
Thai Mussels Pot with Frites	yes - deep fat fryer	no	yes	yes	no	no	no	no	no	yes	no	no	no	yes
Thai Mussels Pot with Sweet Potato Fries	yes - deep fat fryer	no	yes	yes	no	no	no	no	no	yes	no	no	no	yes
Thai Mussels Pot with Bread	yes - Wheat	no	no	yes	no	no	no	no	no	no	may	no	no	yes
Gluten-Free Thai Mussels Pot	no	no	yes	yes	no	no	no	no	no	no	no	no	no	yes
Thai Mussels Pot with Salad	no	no	no	yes	no	no	no	no	no	no	no	no	no	yes
Traditionelle Mussels Pot with Bread	yes - Wheat	no	no	no	no	no	yes	no	yes	no	may	yes	no	yes
Traditionelle Mussels Pot with Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	yes	no	yes
Traditionelle Mussels Pot with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	yes	yes	no	yes	no	yes
Traditionelle Mussels Pot with Salad	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	yes
Gluten-Free Traditionelle Mussels Pot	no	no	yes	no	no	no	yes	no	yes	no	no	yes	no	yes
Blue Cheese Platter with Salad	yes - Wheat	no	no	no	no	no	yes	no	no	no	no	yes	no	yes
Blue Cheese Platter with Frites	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	no	yes	no	yes
Blue Cheese Platter with Sweet Potato Fries	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	no	yes	no	yes
Popei Platter with Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	yes
Popei Platter with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	yes
Popei Platter with Salad	no	no	no	no	no	no	yes	no	no	no	no	no	no	yes
Posh Platter with Frites	yes - Wheat, Barley	yes	yes	yes	no	yes	yes	may	yes	yes	may	yes	no	yes
Posh Platter with Salad	yes - Wheat, Barley	yes	yes	yes	no	yes	yes	may	yes	yes	may	yes	no	yes
Posh Platter with Sweet Potato Fries	yes - Wheat, Barley	yes	yes	yes	no	yes	yes	may	yes	yes	may	yes	no	yes

CLASSIQUES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Beef Carbonade	yes - Wheat, Barley	no	no	no	no	no	yes	no	yes	yes	no	no	no	no
Belgo Pils Battered Fish & Frites	yes - Wheat, Barley	no	yes	yes	no	yes	yes	no	no	yes	no	yes	no	no
Belgo Pils Battered Fish & Sweet Potato Fries	yes - Wheat, Barley	no	yes	yes	no	yes	yes	no	no	yes	no	yes	no	no
Lamb Shank	yes - Wheat, Barley	no	may	no	no	may	yes	no	yes	may	no	may	no	no
Liege Meatballs	yes - Wheat	no	yes	no	may	no	yes	may	yes	yes	may	yes	no	no
Toulouse Sausage	yes - Wheat, Barley	no	may	no	no	may	yes	no	yes	may	no	yes	no	no
8oz Sirloin Steak with Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
8oz Sirloin Steak with Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
8oz Sirloin Steak with Stoemp Mash	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
8oz Sirloin Steak with Sweet Potato Fries	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Caesar Salad	yes - Wheat, Rye	no	yes	yes	no	may	yes	may	no	yes	may	yes	no	no
Gluten-Free Caesar Salad	no	no	yes	yes	no	no	yes	no	no	yes	may	yes	no	no
Caesar Salad with Chicken	yes - Wheat, Rye	no	yes	yes	no	may	yes	may	no	yes	may	yes	no	no
Gluten-Free Caesar Salad with Chicken	no	no	yes	yes	no	no	yes	no	no	yes	may	yes	no	no
Mac n' Cheese	yes - Wheat, Barley	no	may	no	no	no	yes	may	no	yes	may	no	no	no
Seafood Pasta	yes - Wheat	yes	yes	yes	no	yes	yes	no	yes	yes	no	yes	no	yes
Waterzooi	yes - Barley	yes	yes	yes	no	no	yes	no	yes	no	no	yes	no	yes
Gluten-Free Waterzooi	no	yes	yes	yes	no	no	yes	no	yes	no	no	yes	no	yes
IN A BUN	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Belgo Burger with Frites	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Gluten-Free Belgo Burger with Salad	no	no	yes	no	no	no	no	no	no	yes	yes	no	no	no
Belgo Burger with Salad	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Belgo Burger with Sweet Potato Fries	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Bean Burger with Frites	yes - Wheat	no	yes	no	may	yes	may	may	no	yes	yes	no	no	no
Bean Burger with Salad	yes - Wheat	no	may	no	may	yes	may	may	no	yes	yes	no	no	no
Bean Burger with Sweet Potato Fries	yes - Wheat	no	yes	no	may	yes	may	may	no	yes	yes	no	no	no
Chicken Burger with Frites	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Chicken Burger with Salad	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Chicken Burger with Sweet Potato Fries	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Mac n' Cheese Burger with Frites	yes - Wheat, Barley	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
Mac n' Cheese Burger with Sweet Potato Fries	yes - Wheat, Barley	no	yes	no	no	yes	yes	may	no	yes	yes	no	no	no
SIDES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Belgo Slaw	no	no	yes	no	no	no	no	no	yes	yes	yes	no	no	no
Couscous	yes - Wheat	no	no	no	may	no	no	yes - Almonds	no	no	may	yes	no	no
Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Onion Rings	yes - Wheat	may	no	may	no	no	may	no	no	no	no	no	no	may
Red Cabbage	yes - Wheat	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Roasted Butternut Squash	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Mixed Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Broccoli Stems	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Stoemp Mash	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Sweet Potato Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Mac n' Cheese	yes - Wheat, Barley	no	may	no	no	no	yes	may	no	yes	may	no	no	no
Vegetable Tagine	yes - Wheat	no	no	no	may	no	no	yes - Almonds	yes	no	may	yes	no	no
Barley Salad	yes - Barley	no	no	no	may	no	no	yes - Almonds	yes	no	may	yes	no	no

DESSERTS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Waffle	yes - Wheat	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Cheesecake	yes - Wheat, Barley	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
Chocolate	yes - Wheat	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Crepe	yes - Wheat	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Doughnut	yes - Wheat	may	yes	may	no	yes	yes	may	may	no	no	yes	no	may
Chocolate Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Hazelnut Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Honeycomb Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Strawberry Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Tiramisu Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Vanilla Ice Cream Scoop	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Mango Sorbet	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Speculoos	yes - Wheat	no	no	no	no	yes	no	no	no	no	no	no	no	no
Chocolate Mousse	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
KIDS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Cheese Croquettes	yes - Wheat	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
Crudites	no	no	may	no	no	no	may	may	yes	no	no	no	no	no
Fish & Chips	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
Moules Traditionelles with Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	yes	yes	no	no	no	yes
Moules Traditionelles with Salad	no	no	no	no	no	no	no	no	yes	no	no	no	no	yes
Pasta	yes - Wheat	no	yes	no	no	may	yes	may	may	no	no	yes	no	no
Rotisserie BBQ sauce & Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Rotisserie BBQ sauce & Salad	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
Rotisserie & Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Rotisserie & Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Chilly Billy	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Chocolate Cone	yes - Wheat	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Doughnuts	yes - Wheat	may	yes	may	no	yes	yes	may	may	no	no	yes	no	may
Fruit Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Vanilla Cone	yes - Wheat	no	no	no	no	yes	yes	no	no	no	no	no	no	no
CHRISTMAS MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Chicken Terrine	yes - Wheat, Rye, Barley	no	may	no	no	may	may	may	no	yes	may	yes	no	no
Crab Cake	yes - Wheat, Barley	yes	yes	yes	no	no	no	no	yes	yes	yes	no	no	no
Duck Confit	yes - Wheat, Barley	no	no	no	may	no	yes	may	yes	yes	may	yes	no	no
Parsnip Soup	yes - Wheat, Rye	no	may	no	no	may	no	no	yes	no	may	no	may	no
Potted Salmon	yes - Wheat	no	no	yes	no	no	yes	no	no	no	may	yes	no	no
Christmas Burger with frites	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	may	no	no	no
Christmas Burger with salad	yes - Wheat	no	yes	no	no	yes	yes	may	no	no	may	no	no	no
Seabream Risotto	no	no	no	yes	no	no	no	no	yes	no	no	yes	no	no
Sirloin Steak	yes - Wheat, Barley	no	yes	no	no	no	yes	no	yes	yes	no	yes	no	no
Turkey	yes - Wheat	no	no	no	may	no	yes	may	yes	yes	may	yes	no	no
Wellington	yes - Wheat	no	no	no	no	yes	no	no	no	yes	no	no	no	no
Mulled Fruit Crumble	Gluten-Free Oats	no	may	no	may	no	yes	may	no	no	no	no	no	no
Crepe	yes - Wheat	no	yes	no	may	yes	yes	yes - Almonds	no	no	may	may	no	no
Sticky Toffee Pudding	no	no	yes	no	no	may	yes	may	no	no	no	no	no	no
Waffle	yes - Wheat	no	yes	no	no	yes	yes	yes - Hazelnuts	no	no	no	no	no	no

CHRISTMAS BUFFET MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Barley Salad	yes - Barley	no	no	no	may	no	no	yes - Almonds	yes	no	may	yes	no	no
Bread Selection	yes - Wheat, Rye	no	may	no	may	may	may	may	no	no	may	no	no	no
Cheese Croquettes	yes - Wheat, Barley	no	no	no	no	no	yes	no	no	yes	no	yes	no	no
Chicken Terrine	yes - Barley	no	no	no	no	no	no	no	no	yes	no	yes	no	no
Frites	yes - deep fat fryer	no	yes	no	no	no	no	no	no	yes	no	no	no	no
Mini Sausages	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
Pork Ribs	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
Potted Salmon	yes - Wheat	no	no	yes	no	may	yes	no	no	no	no	yes	no	no
Roast Potatoes	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Mushrooms	yes - Wheat	no	no	no	no	no	yes	no	no	no	no	no	no	no
Whitebait	yes - Wheat	no	yes	yes	no	no	no	may	no	yes	no	no	no	no
BBQ Wings	yes - deep fat fryer	no	no	no	no	no	no	no	no	yes	no	no	no	no